



The Villager

July • 2026



**What If Childhood Isn't A Race,
But A Journey Of Becoming?**

Dibber  International
Education

What If Childhood Isn't A Race, But A Journey Of Becoming?

Children don't need perfect childhoods. They need real ones; filled with play, protection, and participation, where growth happens naturally, not on a schedule.

In an age of packed calendars, rising anxieties, constant supervision, and digital overload, childhood is quietly shrinking. As parents and caregivers strive to do everything "right," many young children are left with fewer chances to explore freely, stumble safely, and discover what they are capable of.

"Today's parenting styles often come from a place of deep love," says Ursula Assis, Country Director for Dibber International Education in South Africa. "But when we hover too closely or clear every obstacle before our children reach it, we can unintentionally take away the very challenges that help them build confidence and resilience."

Dibber's approach, grounded in Nordic pedagogical principles, embraces this balance. Children are supported, guided, and kept safe - while still being encouraged to act independently, take age-appropriate risks, and learn through experiences.

"Children build confidence by trying, failing, and trying again. That's where resilience begins," Assis explains. "When we pair warmth with boundaries, and love with opportunity, we see incredible growth, socially, emotionally, and academically."

Dibber - founded in Norway in 2003 and now a global leader in early childhood education with over 600 preschools and schools across 9 countries, including over 17 in South Africa - believes families have a unique advantage: community. "That village of support is our strength," Assis adds. "There's no app that can replace the value of human connection."

Across Dibber campuses in Johannesburg, Pretoria, and Cape Town, the educators act as gentle guides, offering structure, empathy, and reassurance as children navigate early challenges. The result is a generation of children who feel seen, heard, and confident enough to explore the world around them.

"Resilience doesn't come from a perfectly smooth path," says Assis. "It comes from knowing that when life gets bumpy, someone is there to support you while you take the wheel."

As parents, we don't need to orchestrate every moment or remove every challenge. What children need most is trust; the freedom to try, the safety to fail, and the comfort of knowing they are supported, not steered.

Because when childhood is rooted in play, care, and connection, children don't just cope with the world as it is - they grow up ready to shape it.



The Villager focuses on Irene Farm Villages. The magazine is distributed digitally to each resident on the estate. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd trading as EIA Publishing, on behalf of the Home Owners Association of Irene Farm Villages. The opinions of contributors and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of Irene Farm Villages.

Publisher/Editor

Nico Maritz
nico@eiapublishing.co.za

Editorial contribution

Nicole Hermanson and Karyn Richards

Marketing & National Sales Manager

Martin Fourie 072 835 8405
martin@eiapublishing.co.za
Office: 012 997 2712

Senior Sales Executive

Gerdie Murphy 082 556 9863
gerdie@eiapublishing.co.za

Production Co-ordinator

Chris Grant
chris@eiapublishing.co.za

Graphic Design

Diane van Noort
d2vn@mweb.co.za

ESTATES IN AFRICA (PTY) LTD HEAD OFFICE:

32 Fricker Road, Illovo, Johannesburg
www.eiapublishing.co.za

Deadline for Advertising in the August 2026 edition:
24 July 2026



Contents

Message from the Estate Office	3
Important Contact Numbers	5
Financials	7
Click On Smart Access	8
CROWN PARK – A Beautiful New Chapter	10
THE CHARGE HAS CHANGED – Changan's next-generation EVs arrive in South Africa	12
Breakthrough treatments target kidney and heart risk	16
Restaurant Competition	18
Gardens that survive real life	19
Smalls and Irene Service Providers	21
Book Reviews	22
Wanderlust: AfriCamps Karoo Calm	24
THE S-TYPE JAGUAR – The Elegant Saloon with an Unexpected Reputation	26
Recipe: a bowl of winter comfort	28



Contact us:

WhatsApp 068 914 9305

Email info@villagesgardenwaste.co.za

- **Weekly garden refuse removal service.**
- **Exclusive to Irene Farm Villages.**
- **Responsible and legally-compliant removal of your garden waste.**
- **Eco-friendly by using durable wheelie bins with reusable liners.**

Only R190 p/m

Visit our website for all the information.

www.villagesgardenwaste.co.za



GET 10% OFF ONLINE*
Shutters, Blinds, Curtains & more...

Scan the QR Code and use the code below at checkout to get your discount

IRENEFARM10

*Terms & Conditions Apply. Valid until 31 December 2026. Cannot be used in conjunction with any other offers or discounts.



078 095 0055 | finishingtouchessa.co.za

CONVEYANCING ATTORNEY TESTIMONIAL

Best agent in town! Peter is one of the top estate agents in town. He consistently goes the extra mile for his clients and works hard to make the transfer process as smooth and stress-free as possible. He solves problems for all parties involved, often before being asked. I would trust him completely with the sale of my property.

- Inalize Nel

Please get in touch with me for a complimentary market evaluation.

Peter Varrie | +27 82 457 7416
peter.varrie@pamgolding.co.za
Registered with the PPRA – Full Status FFC

As we settle into the heart of winter, there's something special about the quieter rhythm this season brings to Irene Farm Villages. While the mornings are crisp and the evenings draw in a little earlier, winter also has a way of reminding us what makes our community special. It's often in the small, everyday moments that our sense of belonging shines through, making our estate such a wonderful place to call home.



Anna-Mart Steyn



Contractor Access: A Small Reminder That Makes a Big Difference

Keeping Irene Farm Villages safe, well-managed, and welcoming is a shared responsibility. One simple but important way residents can help is to ensure that all contractor access is properly managed.

Whenever an owner appoints a contractor, service provider or any other person to carry out work on their property, the required registration and access arrangements must be completed through the HOA Office. This ensures that everyone entering the estate for work purposes is properly authorised and recorded.

Just as important is letting the HOA Office know when the work is complete. Once a contractor no longer requires access, their access permissions should be removed from the estate system to help maintain accurate and effective access control.

We understand that renovations, repairs, garden projects and other household work can be busy, making this small administrative step easy to overlook. However, a quick notification helps Estate Management keep access records up to date and secure.

Residents are therefore kindly requested to inform the HOA Office as soon as contractor work has been completed, whether it involves building work, alterations, maintenance, repairs,

landscaping or any other work carried out on behalf of the owner or resident.

By doing so, you help us:

- Keep contractor records accurate.
- Prevent outdated access permissions.
- Support the safety, privacy and convenience of all residents.

Good access control is everyone's responsibility, and every small action helps preserve the safe, orderly and welcoming environment that makes Irene Farm Villages such a special place to live.

Thank you for your continued cooperation.

Making It Easier to Connect with Your HOA

At Irene Farm Villages, we're always looking for ways to make communication with residents as simple, efficient and responsive as possible. One of the easiest ways to get in touch with Estate Management is through our Resident Ticket System.

Whether you'd like to report an incident, log a complaint, share a compliment or request information, the ticket system ensures your enquiry is directed to the right person and tracked from submission through to resolution.

Why use the Resident Ticket System?

- **Quick and convenient** – Submit your request in just a few clicks.



- **Efficient** – Your enquiry is automatically routed to the appropriate team member.
- **Trackable** – Every request is recorded, making it easier to monitor progress and ensure nothing is overlooked.
- **Accountable** – A structured system helps us respond consistently while maintaining accurate records.

Using the ticket system helps us provide faster responses, improved service and greater accountability across the estate.

We encourage all residents to use the platform whenever they need to contact Estate Management.

Resident Ticket System:

Click here

Or scan the QR code.



Thank you for helping us keep Irene Farm Villages running smoothly. Your continued support plays an important role in maintaining the connected, well-managed community we all enjoy.

ClickOn Smart Access App Transition: An Update for Residents

In recent weeks, residents have transitioned from the ClickOn Connect App to the new ClickOn Smart Access App. The upgrade was introduced to provide a more modern and user-friendly access management system for our community.

Unfortunately, the rollout did not go as planned. Short implementation timelines and technical challenges experienced by many users resulted in understandable frustration. Although ClickOn provided support throughout the transition, the volume of enquiries

placed significant pressure on both residents and their support teams.

ClickOn's CEO has since issued a formal apology to customers, acknowledging the difficulties experienced and reaffirming the company's commitment to restoring the level of service residents have come to expect.

The good news is that ClickOn has acted on user feedback and has already introduced a range of improvements designed to enhance the app's performance, reliability and overall user experience.

Recent improvements include:

- Faster login through improved loading and caching.
- Expanded authentication options, including device PIN, pattern, biometric authentication and facial recognition.
- A ClickOn passcode option for devices without configured authentication.
- A more intuitive custom access code process.
- Improved highlighting of required fields before code requests are submitted.
- Refresh and reload functionality for updating settings.
- Simplified facility bookings through new "+" buttons.
- Improved booking views for greater visibility of available time slots.
- Better support for larger font sizes.
- Automatic delays between OTP requests to improve system stability.
- Greater flexibility when creating Today and Tomorrow access codes, with custom start and end dates.

- A clear cache function to assist with troubleshooting.

These enhancements are intended to address many of the challenges experienced during the initial rollout and provide a smoother, more reliable experience in the future.

The updated version has now been released. Residents who have not yet done so are encouraged to update the app to take advantage of these enhancements.

Thank you to everyone who shared feedback and remained patient throughout the transition. Estate Management continues to work closely with ClickOn to monitor progress and ensure service levels continue to improve.

Think Before You Type:

Defamation on WhatsApp Groups

WhatsApp groups have become an important way for residents to stay informed, share information and raise concerns within our community. While these groups offer a convenient way to communicate, they also come with important responsibilities.



A recent High Court ruling in Ballito, KwaZulu-Natal, highlighted the legal consequences of defamatory comments posted in estate WhatsApp groups. The court confirmed that harmful or defamatory statements shared in these groups can result in legal liability, even if the group is considered "private". Once others have seen a message, it is considered published, and the sender may be held accountable.

Defamation occurs when false or damaging statements harm the reputation of another person or organisation. Within community groups, this can include unverified claims, accusations or emotionally charged comments about neighbours, trustees, staff or service providers.

The judgment also confirmed that:

- Residents can be held personally liable for defamatory posts.
- Courts may issue interdicts to prevent further harmful communication.
- Private messaging groups do not protect users from legal accountability.

The ruling serves as an important reminder that online conversations should be approached with the same care, courtesy and respect as face-to-face interactions.

As a community, we encourage residents to:

- Verify information before sharing it.
- Avoid posting allegations or complaints on public platforms.
- Use the official HOA Ticket System to report concerns or incidents.
- Communicate respectfully and constructively at all times.

By choosing responsible communication, we protect not only ourselves but also the trust, respect and sense of community that make Irene Farm Villages such a special place to live.

IMPORTANT NUMBERS

Police Emergency	10111
Lyttelton Police Station	012 644 8600
Pierre van Ryneveld Community Policing Forum	079 528 1630
Fire Emergency	10177
Medical Emergency	082 911
Main Gate Guardroom	012 662 3505
Security Duty Manager	082 937 8391
Controller	012 662 3505 Ext 3
Irene Farm Villages:	
Estate Office	012 662 3505
Estate Manager	066 008 8523
Managing Agent: Account Ability	
Tel: 082 780 0059 • Fax: 086 671 9798 • info@aams.co.za	

Mpact Recycling in Our Estate: Making an Impact Together



Recycling has become part of everyday life for many residents at Irene Farm Villages, with Mpact Waste Management providing convenient weekly collections for several years. While recycling may seem like a small household task, the combined efforts of our community are making a meaningful contribution to environmental sustainability.

Collections take place every Thursday, and our estate forms part of a much larger recycling initiative across residential communities.

Why your recycling matters

Monthly reports from Mpact show that tens of thousands of kilograms of recyclable material are collected every month. Every bag of paper, plastic, glass and cans diverted from landfill helps conserve resources and reduce environmental impact.

Simple to do, meaningful in its impact

Using Mpact's green recycling bags makes participation easy. Residents separate their recyclable waste, while Mpact manages the sorting and processing.

A reminder about safe recycling

For the safety of everyone involved in the recycling process, only suitable recyclable items should be placed in the green bags. Hazardous items, including ammunition, pose a serious risk during processing and must never be disposed of with household or recyclable waste.

Every bag makes a difference.

Collectively, our estate is making a significant contribution each month. By recycling correctly and consistently, residents help ensure this initiative remains both effective and safe while contributing to a cleaner, more sustainable environment for everyone.



A Wonderful Morning of Birdwatching

On Saturday, 30 May, sixteen residents gathered at Post Office Park for an enjoyable morning exploring the rich birdlife found within Irene Farm Villages.

The outing began with an engaging presentation by Bradden Stevens and Alistair Dyason, who introduced participants to the fascinating world of bird feathers. Using a collection of feather samples, including those from a fish eagle and an ostrich, they challenged the group to identify the different species, sparking lively discussion and curiosity.

The group then followed the walking trail through the estate, identifying birds along the way while learning more about their behaviour and habitats. By the end

of the morning, an impressive 30 bird species had been recorded, including the white-bellied sunbird, European bee-eater and African stonechat.

At one of the bird-feeding stations, Hannes demonstrated how to position feeders correctly. By placing them near dense shrubs, birds have a safe place to observe their surroundings before moving down to feed and drink, creating a simple but effective way to support local birdlife.

The outing concluded at around 10:00, with participants describing it as both informative and thoroughly enjoyable.

We look forward to hosting more events that encourage residents to discover and appreciate the remarkable birdlife that shares our estate.

Welcoming Our New Security Site Manager

We are pleased to welcome Martin Lourens, who has recently joined Irene Farm Villages as Thorburn Security's new Site Manager.

Martin brings extensive experience in the private security industry and is committed to maintaining



the high standards of safety and professionalism our residents expect. His focus will be on strengthening collaboration between the security team, Estate Management and residents while ensuring the continued safety and security of the estate.

A military veteran who completed his national service,



Martin has also worked within estate environments, including at L'Ormarins Wine Estate. His 28 years of experience in private security include specialised operations and service as a K9 handler, bringing valuable operational expertise to the role.

Since joining Irene Farm Villages, Martin has been familiarising himself with estate operations and meeting members of the on-site team. He looks forward to building positive relationships with residents and contributing to the continued success of our community.

We warmly welcome Martin and wish him every success in his new role.



Garden of the Month – 4736 Nelanga Street

This month's featured garden combines structure, texture and colour to create a welcoming outdoor space.

Neatly clipped *Duranta erecta* 'Sheena's Gold' shrubs have been shaped into striking triangular forms, demonstrating why this versatile plant remains a favourite in formal gardens. Soft pink roses introduce colour and contrast, while the graceful lavender trees cast dappled shade, encouraging visitors to pause and enjoy the surroundings.

The lavender tree (*Heteropyxis natalensis*) is a small indigenous species admired for its attractive bark, fragrant leaves and spectacular autumn display of red and purple foliage. It also performs exceptionally well as a container specimen and is highly regarded as a bonsai tree, making it a rewarding addition to many South African gardens.



Garden of the Month – 1111 Primrose Close

This month's second featured garden is a beautiful example of timeless formal garden design.

Perfectly manicured lawns, meticulously maintained hedges, and clean architectural lines create an elegant setting, while a striking cast-iron garden dome provides a distinctive focal point. Fragrant roses and carefully clipped shrubs soften the home's structure, blending the architecture naturally into the surrounding landscape.

The result is a peaceful, beautifully maintained garden that showcases the enduring appeal of classic design.



Join Hands for a Cleaner Community

We encourage all residents to support the PVR Cleanup Initiative, whether by volunteering your time or making a small contribution.

Working together, we can reduce litter, protect our natural environment and preserve the beauty of the area we all call home. Every contribution, no matter how small, helps create a cleaner, healthier community for everyone.

Coming Up in Our Community

Mandela Day | 18 July 2026

Mandela Day is an opportunity for us to come together as a community and make a meaningful difference in the lives of others.

As part of this year's initiative, the HOA team will once again be supporting local organisations through donations generously contributed by residents and staff. This year's beneficiaries are Irene Primary School and Dove's Nest – Place of Safety for Children.

Although Mandela Day falls on Saturday, 18 July, donations will be delivered on Friday, 17 July. A special visit to Irene Primary School will take place on Tuesday, 21 July, following the school holiday.

Thank you in advance to everyone who chooses to contribute. Every donation, no matter the size, helps make a meaningful difference.

Car Boot Sale | 25 July 2026

Save the date! Our popular Car Boot Sale returns on Saturday, 25 July 2026, at Primrose Park.

Whether you're looking for a bargain, hoping to sell a few pre-loved treasures or simply keen to enjoy a relaxed morning with neighbours, it promises to be another enjoyable community event.

For more information and booking arrangements, please visit the Estate website: <https://irenefarmvillages.co.za/news/>

We look forward to seeing you there.



Closing

As winter continues, we wish all our residents warmth, comfort and many happy moments with family, friends and neighbours.

May the weeks ahead continue to strengthen the sense of community that makes Irene Farm Villages such a wonderful place to call home.



IRENE FARM VILLAGES HOME OWNERS ASSOCIATION

Summary Operational Income Statement – YTD May 2026

	May 2026		Year to Date		YTD Variance	
	Actual	Budget	Actual	Budget	Value	%
Operational Income						
Levy Income	1 571 997	1 571 997	4 648 297	4 648 297	0	0,0%
Other Income	24 985	40 500	143 012	121 500	21 512	17,7%
	1 596 982	1 612 497	4 791 309	4 769 797	21 512	0,5%
Operational Expenditure						
Professional /Administration	(24 067)	136 833	217 409	400 499	183 090	45,7%
Accounting and Auditing	55 310	55 392	161 099	161 176	77	0,0%
Insurance, Legal and Admin	(79 377)	81 441	56 310	239 323	183 013	76,5%
General Office	33 901	39 870	103 539	119 610	16 071	13,4%
Office Administration	33 901	39 870	103 539	119 610	16 071	13,4%
Operational Expenses	343 398	341 787	987 702	1 025 361	37 659	3,7%
Municipal Charges	86 548	76 869	236 335	230 607	(5 728)	-2,5%
General Operations	22 715	47 253	83 047	141 759	58 712	41,4%
Staff Expenses	234 135	217 665	668 321	652 995	(15 326)	-2,3%
Security	642 980	656 096	1 917 967	1 968 288	50 321	2,6%
Security Operations	120 003	124 619	354 714	373 857	19 143	5,1%
Guarding Services	522 976	531 477	1 563 253	1 594 431	31 178	2,0%
Repairs & Maintenance	232 899	327 650	657 029	982 950	325 921	33,2%
Repairs & Maintenance	50 711	145 462	110 465	436 386	325 921	74,7%
Park Maintenance Contract	182 188	182 188	546 564	546 564	(0)	0,0%
Subsidence Management	0	5 980	0	14 260	14 260	100,0%
	1 229 110	1 508 216	3 883 646	4 510 968	627 322	13,9%
Operating Surplus / (Deficit)	367 872	104 281	907 663	258 829		
Non-Recurring Income	26 747	0	262 342	0	262 342	100,0%
Estate Penalties	2 250	0	7 575	0	7 575	100,0%
Speed Infringements (Net)	23 394	0	44 201	0	44 201	100,0%
Other Revenue	1 103	0	210 566	0	210 566	100,0%
Non-Recurring Expenses	1 095 649	75 000	1 109 664	175 000	(934 664)	-534,1%
Net Positive/ (Negative)	(1 068 902)	(75 000)	(847 322)	(175 000)	1 197 006	
Net Surplus / (Deficit)	(701 030)	29 281	60 341	83 829		

Summary Income Statement by Account Ability
 Office Address: Sovereign Drive, Route 21 Corporate Park
 Accounting Office Hours: 8:00 to 13:00 Monday to Friday

Office Tel: 082 780 0059
 Accounts Email: accounts@aams.co.za
 IFV Accounts: Winny Boshoff

CLICKON

Smart Access

LATEST UPDATES &
ENHANCEMENTS
JULY 2026

We have received your feedback and taken action. Our team has implemented updates to enhance system performance, stability, and overall user experience. Below is a summary of the key improvements:

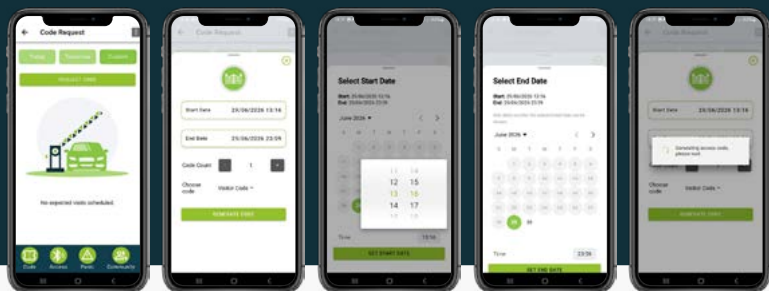
LOGIN AND SETTINGS

1. Login Security Update: You can now log in using your phone's PIN, pattern, fingerprint, or face recognition. If your device doesn't use these, the ClickOn passcode is still available.



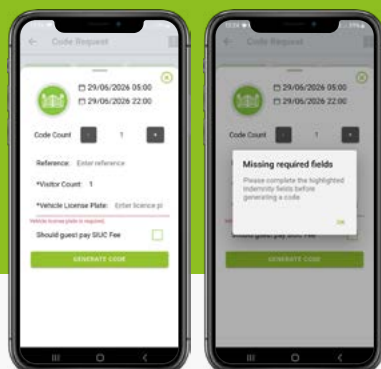
2. Improved loading and caching mechanisms have been implemented to enhance login speed. A refresh/reload feature has also been added, allowing users to easily update and apply their settings.

CUSTOM CODE



3. Custom Code Improvements
We've updated the custom code process to make it easier and more intuitive to use.

CODE REQUEST: REQUIRED FIELDS



4. Required Fields Update
Fields that must be completed will be shown in red before you request a code.



ADDITIONAL UPDATES

- 6. Better support for larger text sizes
- 7. Automatic delay between OTPs
- 8. Custom start and end dates for Today and Tomorrow codes
- 9. Added an option to clear cache

DOWNLOAD / UPDATE

ClickOn Smart Access

GET IT ON
Google Play

Download on the
App Store

EXPLORE IT ON
AppGallery

SUPPORT

Phone: +27 (0)12 803-6783
Email: support@clickon.co.za



abbotts

HIGH SCHOOL

FREEDOM WITH PURPOSE

**BECAUSE
ONE-SIZE
NEVER FITS
ALL**

ENROL TODAY FOR 2027 | abbotts.co.za

Bordeaux | Centurion | JHB South | Northcliff | PTA East | Rondebosch

CROWN PARK

A Beautiful New Chapter



Crown Park has entered an exciting new chapter, with a beautifully refreshed landscape that offers residents an even more inviting space to relax, explore and enjoy the outdoors.

The park has recently been revitalised through an extensive landscaping project that celebrates the area's natural beauty while creating a tranquil environment for the whole community. A network of thoughtfully designed pathways now winds through the park, making it easy for residents to explore and appreciate the surrounding landscape at their own pace.

Care has been taken to preserve and enhance the existing natural environment, with indigenous plants incorporated alongside the grasses and vegetation already thriving in the area. The planting design blends seamlessly with the surrounding landscape, creating a space that feels both established and in harmony with nature.

The newly introduced indigenous trees and plants do more than enhance the park's appearance. Their flowers and fruit provide an important food source

for local birdlife, supporting biodiversity and strengthening the park's natural ecosystem.

Among the highlights of the project are ten varieties of indigenous aloes, which will provide striking displays of orange and yellow throughout the winter months. In total, Crown Park is now home to 27 indigenous tree species and 35 varieties of indigenous plants, all carefully selected and incorporated into the garden beds.

One of the most distinctive additions is a series of professionally produced botanical identification tags. Working alongside a specialist service provider, the HOA and our Maintenance Manager carefully identified every tree and plant species throughout the park before custom name tags were created and installed. Each tag includes the botanical name, common English name, local language references and interesting information about the

species, transforming an ordinary walk through the park into an opportunity to discover more about our indigenous flora.

The improvements extend beyond the landscape itself. Four bird-feeding stations have also been installed in carefully selected locations, creating ideal opportunities for birdwatching while providing additional support for local birdlife.

Whether you're enjoying a stroll, spending time with family, or simply taking a moment to appreciate the peaceful surroundings, Crown Park now offers even more reasons to visit. We invite all residents to experience its fresh new look and discover the beauty of this special space, right on our doorstep. It is another wonderful example of how thoughtful investment in our shared environment continues to make Irene Farm Villages an exceptional place to call home.

Thoughtful investment in our shared environment continues to make Irene Farm Villages an exceptional place to call home.



CHANGAN

SINCE 1862

THE CHARGE HAS CHANGED

The Future of EV Arrives with Range, Refinement and Reason



Deepal S05 REEV

Compact luxury. Extended range confidence. Elevated in design.

Hunter K50 REEV

Electric efficiency. Bakkie muscle. Zero range anxiety.

Deepal S07 EV

Fully Electric. Beautifully intelligent. Unmistakably premium.

Changan's new-energy line-up gives South Africans choice, confidence and intelligent design - across bakkie capability, premium electric luxury and compact REEV innovation.



Explore More &
Book Your Test
Drive Today.

DRIVEN TO EVOLVE
changanmotors.co.za

THE CHARGE HAS CHANGED

Changan's next-generation EVs arrive in South Africa



South Africa's electric mobility story is no longer a distant glow on the horizon. But how do you make new-energy vehicles work for a country that demands long-distance confidence, everyday durability and real value?

For Changan, the answer is not a single product, but a next-generation EV approach built around choice, aspiration and practicality.

The Hunter K50 REEV speaks to drivers who need bakkie toughness with electric intelligence. The Deepal S07 and the incoming S05 REEV introduce a more elevated expression of electric mobility – refined, high-end, intelligent and design-led.

Hunter K50 REEV: Electric confidence, bakkie muscle

The Hunter K50 REEV is the clearest sign that Changan understands South Africa's motoring culture. The K50 REEV is the world's first range-extended electric bakkie that combines an electric drive system with a 2.0-litre turbo-charged petrol generator – giving drivers the smoothness and immediate response of electric power, with the reassurance of extended range when the road stretches beyond the charging map.

For weekday commutes, the Hunter K50 REEV can lean into electric driving.

For longer journeys, where downtime is not an option, the range-extender concept reduces the anxiety that often slows EV adoption.

The Hunter K50 REEV delivers 200kW of total power and 470Nm of torque. It offers four-wheel drive, a pure-electric range of up to 145km and up to 1,000km when the range extender is deployed. Its practical credentials include a 1,010kg payload, 2,200kg authorised trailer mass, 600mm wading depth and up to 220mm ground clearance when unladen.

Deepal S07: Premium electric intelligence

Where the Hunter K50 REEV bridges toughness and technology, the Deepal S07 makes the EV future feel premium, intelligent and deeply desirable.

Its award-winning design is clean, sculptural and quietly confident, with frameless doors, concealed door handles, LED lighting signatures and a low, composed stance.

Inside, the S07 moves the conversation from "electric vehicle" to "intelligent luxury experience". Its cabin draws inspiration from Mediterranean yacht design, with premium finishes, a unique centre console, panoramic openness and uncluttered architecture.

The Deepal S07 produces 160kW and 320Nm through sporty rear-wheel drive, with a pure EV range of 500km. Fast charging from 30% to 80% is expected in 35 minutes.

The cabin features a 15.6-inch "Sunflower" infotainment screen, an augmented-reality head-up display, a 14-speaker audio system, wireless charging, Wi-Fi, voice control, gesture recognition and a 540-degree camera system.

Deepal S05 REEV: The practical premium step

The incoming Deepal S05 REEV carries the Deepal design philosophy and intelligent technology in a more compact, agile and city-friendly package. Like the K50 Hunter REEV, the S05 is a range-extended SUV, combining electric intelligence with the reassurance of extended-range capability.

With a 27.28kWh lithium iron phosphate battery, the S05 REEV offers pure electric range of at least 160km, with fast charging from 30% to 80% in 20 minutes. Power comes from a rear-mounted electric motor producing 160kW and 320Nm, supported by a 1.5-litre range extender, giving the S05 REEV up to 1,000km of combined range.

Beyond the drivetrain, it carries the Deepal character through a 15.4-inch



2.5K central control screen, AR head-up display, 14-speaker audio system, 540-degree panoramic imaging, frameless doors and intelligent ADAS features.

Driven to evolve

Together, the Hunter K50 REEV, Deepal 07 and incoming S05 REEV show a brand thinking beyond the novelty of electrification. In a country that needs innovation to be accessible, beautiful and useful all at once, Changan's next-generation EV approach feels less like a gamble and more like perfect timing.

<https://www.changanmotors.co.za/>



CHANGAN

SINCE 1862





PORSCHE

Pre-owned? More like pre-loved.

PORSCHE APPROVED. REIGNITED BY PASSION.

In order to provide you with an exceptional ownership experience, we guarantee:

- Vehicles are offered with a Pre-owned Plan Maintenance Agreement which includes 24-hour Porsche Roadside Assist
- Each vehicle is checked using a comprehensive 111-point checklist
- Any repairs carried out are in line with the strict Porsche quality criteria



Porsche Centre Johannesburg

Corner Witkoppen and
Wroxham Road,
Paulshof
Telephone 011 540 5000
www.porschejohannesburg.com

Porsche Centre Cape Town

Cnr Century Avenue and
Summer Greens Drive,
Century City
Telephone 021 555 6800
www.porshecaptown.com

Porsche Centre Umhlanga

49 Meridian Drive,
Umhlanga Ridge Town Centre,
Umhlanga Ridge
Telephone 031 514 3000
www.porscheumhlanga.com

Porsche Centre Pretoria

452 Botterklapper Street,
Off Lynnwood Road,
The Willows
Telephone 012 816 7600
www.porschepretoria.com



2014 – Boxster PDK

106,800 km, Agate Grey Metallic, Black Leather,
R565 000



2018 – 911 Carrera T PDK

24,100 km, Guards Red, Black Interior,
R1 845 000



2025 – 911 Carrera T 6-Speed Manual

4,100 km, Vanadium Grey Metallic,
Black Leather & Sport-Tex, R2 925 000



2022 – 911 Carrera GTS PDK

19,400 km, Aventurine Green Metallic,
Slate Grey & Crayon Leather, R3 085 000



2017 – Macan Turbo Performance Package PDK

81,400 km, Rhodium Silver Metallic,
Black & Garnet Red Leather, R1 095 000



2021 – Macan GTS PDK

35,065 km, White, GTS Leather Package,
R1 515 000



2019 – Cayenne S Tiptronic

63,250 km, Biskay Blue Metallic,
Black Partial Leather, R1 225 000



2020 – Cayenne GTS Coupé Tiptronic

73,450 km, Carmine Red, GTS Interior Package,
R1 635 000

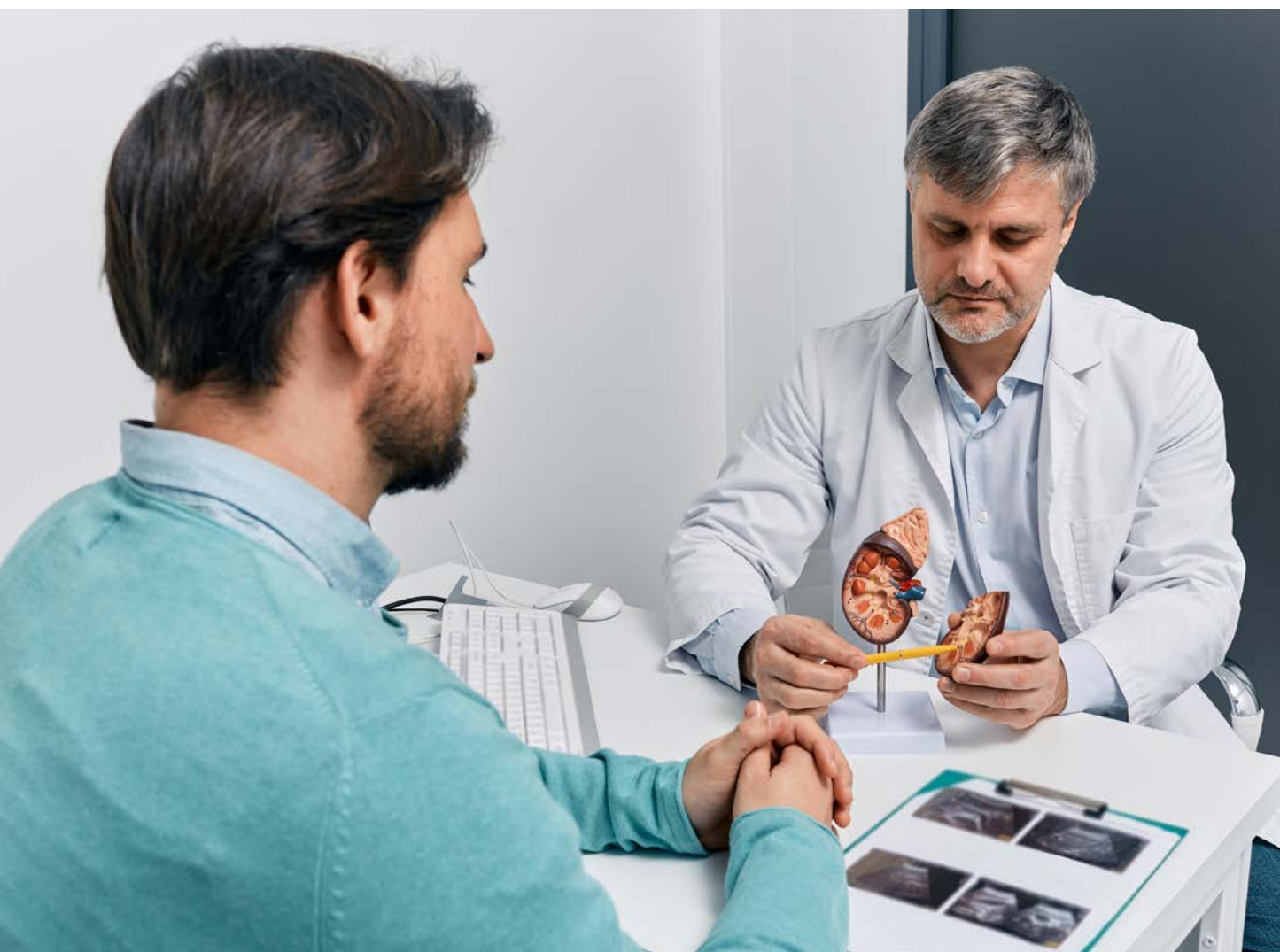


2022 – Cayenne GTS Tiptronic

26,300 km, Quarzite Grey Metallic,
Black Leather & Race-Tex, R2 145 000

BREAKTHROUGH TREATMENTS TARGET KIDNEY AND HEART RISK

On World Kidney Day (13 March), health experts warned that chronic kidney disease (CKD) could dramatically increase the risk of life-threatening heart problems. People living with CKD are far more likely to develop cardiovascular disease (CVD) – including heart failure, stroke, coronary artery disease or arrhythmias(1) – making early detection and treatment critical.



Adding to the complexity, chronic kidney disease and heart failure frequently occur with another comorbidity, type 2 diabetes, a triad of conditions health professionals increasingly describe as a “cardio-renal-metabolic” system, where dysfunction in one organ can trigger problems in the others.

“The metabolic system is closely interlinked with the heart and kidneys, and these organs rely on one another to maintain the body’s balance,” explains Ingrid Singels, Associate Director of Pharma Dynamics’ Scientific Division. “The heart depends on the kidneys to regulate fluid balance, while the kidneys rely on the heart for proper blood flow.”

Health experts urge people to be aware of this heart-kidney-metabolic connection and to act early. CKD often shows no obvious symptoms at first and many people don’t realise they have kidney problems until significant damage has occurred.

Recognising these links, Singels notes that protecting your kidneys isn’t

just about kidney health – it's about safeguarding your overall well-being. "This is why early screening, education and evidence-based treatments are so important."

New treatments

Singels explains that in recent years, new types of medicines have begun changing how CKD is treated.

"One example is empagliflozin, a sodium-glucose co-transporter-2 (SGLT2) inhibitor originally developed for type 2 diabetes. This has shown to protect both kidney function and heart health across many patients. By lowering pressure in the kidneys and improving metabolism, SGLT2 inhibitors can slow disease progression and reduce the risk of kidney failure and heart complications."

According to current evidence, SGLT2 inhibitors can delay kidney disease progression, meaning patients may live longer without needing dialysis or a transplant – a huge benefit for many.

These medicines also protect the heart. Clinical studies show SGLT2 inhibitors cut the risk of heart failure, hospital visits for heart problems and related deaths in people with and without diabetes. Their kidney-

protective effects work across different stages of CKD, independent of blood sugar control.

Another important development is the expanded approval of semaglutide for adults with type 2 diabetes and CKD. While originally developed to improve glucose control, semaglutide has demonstrated broader protective effects in large clinical trials.

The pivotal FLOW trial, published in the New England Journal of Medicine in 2024, found semaglutide reduced adverse kidney events – including progression to end-stage kidney disease – by about 24% in people with CKD and type 2 diabetes. It also lowered the risk of major heart problems and death, showing it can protect multiple organs at once.

"This is a major step forward for people at high risk of both kidney and heart disease," says Singels. "Semaglutide's ability to protect both the kidneys and the heart represents a new frontier in patient care. These innovations highlight why personalised treatment that considers the whole patient is so important."

While therapies such as SGLT2 inhibitors (empagliflozin) and GLP-1 receptor agonists (semaglutide) are transforming the management of

diabetes and CKD, access in South Africa is still limited. Many treatments are mainly available in the private sector and high out-of-pocket costs make them hard to reach for uninsured and lower-income patients.

Singels says the launch of quality-assured generic versions could make a real difference. "As cost effective options become available, more South Africans may benefit from medicines shown to slow kidney disease and protect the heart. Expanding access to clinically appropriate SGLT2 inhibitors and GLP-1 receptor agonists is key to tackling the country's growing kidney and heart disease burden."

What patients should do

Singels encourages South Africans – particularly those living with diabetes or hypertension – to take proactive steps by asking their healthcare provider the following questions:

- Are my blood sugar, blood pressure and cholesterol levels well-controlled?
- What lifestyle modifications could help lower my risk in the long term?
- Do I have any risk factors for kidney disease? Risk factors include a family history of kidney disease, obesity or cardiovascular disease.
- Is it necessary for me to test my kidney function or the protein in my urine?
- Would a kidney and heart protective treatment, like an SGLT2 inhibitor or GLP-1 receptor agonist, be suitable for my condition?

Pharma Dynamics has joined global health organisations in calling for more awareness campaigns, broader screening programmes and greater investment in kidney research and treatment innovation. With early detection and the right medicines, the course of CKD and heart disease can be changed, offering hope to millions at risk.

Issued by Meropa Communications on behalf of Pharma Dynamics.

Photos: Shutterstock

Symptoms of Chronic Kidney Disease



Lethargy



Nausea



Vomiting



Hypertension



More or less
urination



Decreased
appetite



Leg
swelling



Loss of
weight



Photo by Davey Gravey on Unsplash

Please email your answer along with your full name, your cell number, estate name and your stand number, detailing 'Restaurant Competition' in the subject line, to (Click on the link below): competitions@eiapublishing.co.za and like our Facebook page to enter the competition. The winner will be notified by email.

Restaurant Competition

Answer the question below and stand a chance to win a restaurant voucher worth R500.00 from The Baron:

Which Waste Management company provides convenient weekly collections to Irene Farm Villages?



Follow us on Facebook: EIA Estate Magazines

TERMS AND CONDITIONS:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as 'change'.
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to readers over the age of 18.
7. Indemnity: The publishers and other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.



Find us at

Moreleta Square



Refill and Exchange

Fast, Professional, Friendly & Efficient

TELEPHONE

012 324 3294

ORDER ONLINE

www.epggas.co.za

WHATSAPP

071 672 2914

**LP GAS ///
FREE DELIVERY**

**LITTLE EINSTEIN'S
PLAYSCHOOL**
in Cornwall Hill Estate

**Creative Activities, Baking & Cooking,
Sensory Activities, Music, Early Learning,
Life Skills.**

INDIVIDUAL ATTENTION | **GRADE 0000-0**

BEAUTIFUL SCHOOL
in Cornwall Hill Estate

CONTACT SHARON
0829048157



GARDENS THAT SURVIVE REAL LIFE

There are generally two kinds of gardeners.

The first group somehow just know things.

They understand pruning seasons, soil quality and watering schedules without needing to Google any of it first. Their gardens look beautiful year-round and they casually use words like “mulch” in conversation.

The rest of us are standing in the nursery holding an expensive plant and thinking:

“Well... let’s just see what happens.”

Honestly, many South Africans love the idea of beautiful gardens far more than the actual gardening part.

We want the birds, the patio coffee moments, the green lawns, the potted herbs near the kitchen and the vaguely Tuscan fantasy involving terracotta pots and olive trees.

What we do not always want is a hobby that requires emotional resilience every time something turns brown unexpectedly.

Which is probably why indigenous gardens have become so appealing.

Indigenous plants understand South African conditions because they belong here. They survive heat, surprise cold fronts, inconsistent watering schedules and periods where everybody becomes deeply committed to gardening for approximately one weekend before normal life takes over again.

And unlike some imported plants that collapse dramatically the moment conditions are less than perfect, many indigenous plants seem oddly determined to survive suburban life.

Aloes are probably the best example.

You can ignore them for concerning lengths of time and they will still stand

there looking calm and emotionally stable.

Agapanthus are another miracle of South African gardening. These things continue flowering despite frost, forgotten watering schedules, overenthusiastic garden services and dogs charging through flowerbeds at full speed.

Then there are plants like wild rosemary, salvias, dietes and spekboom, all of which somehow manage to look attractive without demanding constant attention, specialist feeding programmes or emotional commitment from their owners.

And honestly, easier gardens are starting to make a lot of sense.

Most people are already juggling school runs, work, family admin, WhatsApp groups, load shedding schedules and trying to remember

whether the dog has had flea treatment.

Very few people have the energy to spend entire weekends trying to revive fragile plants that were never emotionally prepared for suburban South African life in the first place.

Especially in estates, gardens have become part of how people actually live at home now.

They are where dogs sleep in winter sun.

Where children kick soccer balls directly into flowerbeds.

Where people braai, drink coffee, attempt container gardening and occasionally stand staring at one stubborn dead patch of lawn with genuine personal frustration.

And indigenous gardens bring something else into outdoor spaces too.

More birds.

More bees.

More movement.

The garden starts feeling alive rather than carefully staged.

That does not mean everything suddenly needs to become wild and overgrown either.

Some of the most beautiful modern South African gardens combine cleaner contemporary spaces with softer indigenous planting. Aloes against concrete walls. Wild grasses around entertainment areas. Strelitzias softening sharper architectural spaces.



The whole garden feels more relaxed somehow.
Less fragile.
More forgiving.
Which, honestly, is probably what most people are looking for these days.
Not perfection.
Just gardens that survive real life.



If you would like to advertise in our smalls section, please contact us:

Tel: 012 662 3505, email: admin@irenefarmvillages.co.za

KINDLY NOTE: ALL SMALLS ADVERTISEMENTS NEED TO BE RESUBMITTED EVERY MONTH.

Smalls

HANGING BASKETS & SUCCULENTS

Brighten your space with stunning hanging baskets and vibrant, water-wise succulents! Contact Lourens: 079 529 7827

GARDENER

Fobie Botha is looking for any garden or wood work. He has recently relocated to Pretoria to be closer to his family and is thus looking for work for any day and is available immediately. He can be contacted on 081 417 3899.

Maliro is looking for garden work on a Friday. He has been working for us for numerous years and is extremely proud of his work, precise, neat, hardworking and can take his own initiative. He can be contacted on 071 752 7860.

DOMESTIC WORKER

Esther is looking for ad hoc spring cleaning jobs as a second source of income. She is hard working, diligent, trustworthy and reliable. She can be contacted on 063 822 0889.

SERVICE PROVIDERS

GENERAL SERVICES

DESIGNER WATER: Alkaline water pH10. 330ml R240 x 24; 500ml R264 x 24; 750ml R192 x 12; 1ltr R192 x 12; 5ltr R200 x 4; 10ltr R80 x 1. Please call 082 662 4084.

THERMAL HEALTH & WELLNESS: Thermal Imaging, ED treatment, massage, lymph drainage, joint injury treatment, health coaching. www.diti.co.za 082 441 6850 info@diti.co.za

EDUCATION SERVICES:

LEARN ENGLISH: AMBASSADOR English Language School Beginner to Advanced & IELTS courses. In-Person & Online Group Classes & Private Lessons. WhatsApp +27 787 210 541 or www.amEnglishSchool.co.za

LITTLE EINSTEINS PLAYSCHOOL: Exceptional pre-school in the Cornwall Hill Country Estate. Grade 0000 - Grade 0. Small groups, individual attention, homely environment. Highly Qualified Educators. Feeder School: Cornwall Hill College. Contact Sharon Rosema 082 904 8157. <https://littleeinstein.co.za>. Extra Afrikaans lessons Grade 1-10. Tutoring: Grade 1-4.

HOME SERVICES:

"LET'S FIX IT" HANDYMAN:

Contact Wayne @ 082 785 3446.

LOCKSMITH: Brad's Lock and Key Anything to do with keys or doors sorted. Also custom gates fitted and gate/ garage motors. Tel 011 802 4114 / 082 854 9898 bradlock5@gmail.com bradsgates.co.za

PEST CONTROL, CLEANING AND HYGIENE: With over 46 years of experience in the industry, we specialize in providing solutions tailored to meet the unique needs of both individuals and businesses. Pest: 012 656 1341; Clean: 012 654 5534

PLUMBING: The leading name in plumbing and maintenance, now offering municipal water backup and rainwater harvesting solutions. 012 654 2513 / 071 875 0218

GAS SUPPLY SERVICES:

FALCON GAS: 073 818 3532. Try our exceptional service for your LPG cylinder refill / new cylinder supply. We comply with all Estate Safety & Security regulations. *FREE delivery to home or business within The Irene Farm Village Estate. Email: falcongas.sa@etgworld.com

DO GAS: SANS 10087 applies to all domestic gas installations. Non-compliance negatively affects your safety and home insurance. Contact DoGAS for a free assessment to ensure your compliance. Tel +27 65 724 5178 / contact.dogas@gmail.com

The Baron

BAR & GRILL - EST 1993



HOME OF THE
PERFECT GRILL

BRING THIS AD & RECIEVE
A **R100** OFF YOUR NEXT MEAL

WWW.THEBARON.CO.ZA

SANDTON • WOODMEAD • FOURWAYS • KYALAMI • IRENE

PENSIONERS WEDNESDAY

WHEEL ALIGNMENT , WHEEL
BALANCING & TYRE ROTATION

ONLY
R350



Services Offerings:

Tyres
Batteries
Brakes
Shocks

Wheel Alignment
Balancing
Minor Services
Exhausts



supaquick.com

Supa Quick Irene

Cnr Main &, Hack Rd,
Irene,
Centurion

012 667 1983

**supa
quick**
more than tyre experts



Land

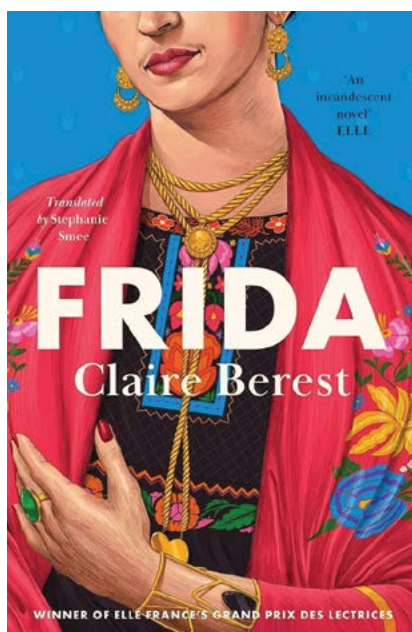
BY MAGGIE O'FARRELL

On a windswept peninsula stretching out into the Atlantic, Tomás and his reluctant son, Liam, are working for the great Ordnance Survey project to map the whole of Ireland. The year is 1865, and in a country not long since ravaged and emptied by the Great Hunger, the task is not an easy one.

Tomás, however, is determined that his maps will be a record of the disaster. The British soldiers in charge are due to arrive any day, expecting the work to be completed, but Tomás is sent off course by an unsettling encounter in a copse. His life, and those of his family, will never be the same again. Liam is terrified by the sudden change in his taciturn father.

What was it that caused such cracks to open in Tomás and how is Liam, aged only ten, going to finish the mapping, and get them both home? *Land* is a story of buried treasure, overlapping lives, ancient woodland, persistent ghosts, a particularly loyal dog, and how, when it comes to both land and history, nothing ever goes away.

R405.00



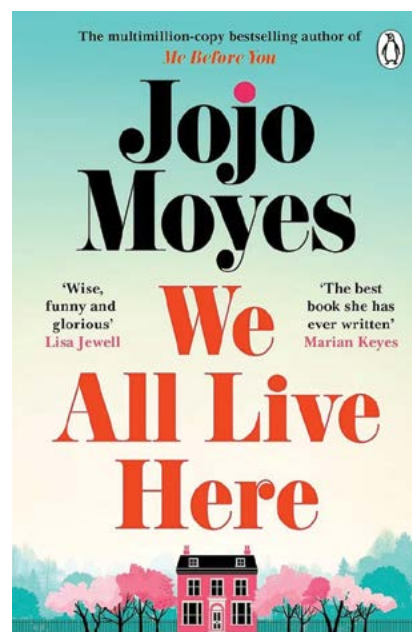
Frida

BY CLAIRE BEREST

This is the story of Diego and Frida who couldn't live without each other. They meet at a party. She knows everything about him, about his mythology, and he knows nothing of her, she is nobody. He is Mexico's greatest artist. She drinks like a sailor, wears flowers in her hair, talks openly about sex, loves attending protests and parties to wake the dead. She is from Coyoacán, twenty years his junior and with a broken spine to boot.

Even when her body is wracked with pain, she paints. There were two great accidents in her life. The first was when that streetcar hit her . . . but by far the worst was meeting him.

R405.00



We All Live Here

BY JOJO MOYES

Welcome to the Kennedy household: Lila wrote a bestseller about keeping your marriage alive, before discovering her ex was playing happy families with another woman. A woman she sees everyday at school pick-up. Bill, her stepdad, moved in after Lila's mum died. He's kind, old-fashioned and driving her absolutely nuts. Celie, Lila's eldest, hates school. Hates it so much she's stopped going. Her mother's fine with that – because she doesn't know yet. Violet is nine and sings age-inappropriate rap songs, laughs at fart jokes and Lila dearly hopes she'll never, ever change. And Truant the dog, who has just bitten the American actor who's suddenly landed on the Kennedys' doorstep.

This is Gene – Lila's estranged father, and no one's idea of a role model. He walked out on Lila and her mum years ago – and wherever he goes domestic discord follows. Because Gene's presence changes things in unexpected ways. Soon the girls discover a kindred spirit in a man always chasing life's joy. Bill even loosens up. And Lila finds herself, astonishingly, dating. Something is happening to the Kennedy household – but what is it? And will it break, or save, their family?

R285.00

RECOVER FROM BURNOUT & CHRONIC PAIN IN 1 HOUR

Primed Medcentre was created for people who are tired of temporary fixes, burnout, chronic fatigue and unexplained symptoms, and are ready to understand the root cause of their health challenges.

THE PRIMED STORY

At Primed Medcentre, healthcare is approached differently.

Founded by Dr Michael Muwanguzi, Primed combines functional medicine, modern diagnostics and personalised wellness strategies to help patients recover from burnout, chronic pain, fatigue, inflammation and long-standing health concerns.

Instead of focusing only on symptoms, Primed looks deeper, identifying underlying causes that may be affecting energy levels, mental clarity, immunity, performance and overall wellbeing.

The clinic was designed around one central idea:

Health Should feel personal again.

Patients receive tailored care plans built around their lifestyle, stress levels, medical history and long-term goals, creating a healthcare experience that feels intentional, supportive and results-driven.



OUR SPECIALISED SERVICES



Functional & Integrative Medicine

Personalised treatment plans focused on root-cause health solutions.



IV Drip Therapy

Personalised treatment plans focused on root-cause health solutions.



Prolotherapy & Chronic Pain Management

Advanced regenerative approaches to chronic pain and inflammation.



Executive Wellness

Health optimisation designed for high-performing professionals.



General Practice & Urgent Care

Professional, responsive day-to-day medical support.



Preventative Health Assessments

Helping patients identify health risks early.



Beat Burnout & Winter Fatigue

As the colder months approach, many professionals experience increased fatigue, lowered immunity, brain fog and stress-related symptoms.

Primed's personalised wellness programmes and IV therapies are designed to support recovery, energy and resilience during demanding seasons.

Start Your Health Journey

Take the **2-minute health assessment** or apply to join the **Primed** waiting list.



SCAN TO START YOUR
2-MINUTE HEALTH CHECK



JOIN OUR
WAITING LIST



Trusted in Gauteng



173 Rivonia Rd,
Morningside, Sandton, 2057



073 807 2125



reception@primedmedcentre.co.za



primedmedcentre.co.za

Wanderlust: AfriCamps KAROO CALM

BY NICKY MCARTHUR, COURTESY OF MUSE MAGAZINE, WWW.MUSEMAGAZINE.CO.ZA

There is a stretch of the N1 that feels like driving through a living painting. As you climb the Hex River Pass, the lush, green vineyards of De Doorns – which famously produce over half of our country's table grape exports – begin to give way to the rugged, sun-kissed majesty of the Great Karoo.

The Huguenot tunnel runs through the mountain range as part of the unique landscape, stretching 3.9 kilometres and cutting through the Du Toitskloof Mountains between Paarl and Worcester. As you transition from the awe-inspiring landscape outside, it is here, tucked away on the Karoo 1 Farm Estate, that AfriCamps at Karoo 1 invites you to experience glamping that is as wild as it is comfortable.

Myth and mountain

The Hex River Valley is steeped in more

than just agriculture; it is a place of myth and mystery. While the name originally stems from the crisscrossing Exe (X) of river and ox-wagon trails, local legend tells a different story. Since 1768, tales of the *Heks* (witch) of the Matroosberg have haunted the peaks. It is said she wanders the mountains under a full moon, searching for a long-lost love.

Whether you believe the folklore or not, the landscape is undeniably spellbinding as the sun sets over the Matroosberg – the region's highest peak – casting long, dramatic shadows over the fynbos. This magical time is ideal for wine on the verandah and watching the Karoo stars from the hot tub, which we patiently loaded up with wood all day until it was suitably hot.

The days are long in summer

They stretch lazily from sunrise, and

we spent most of our mornings at the incomparable rock pool unique to Karoo 1. With cool waters, sun loungers, and epic scenery, it's not hard to while away the time. And when the kids needed movement, we met up with Chris, the king of adventure. From quad biking and Segways to archery and pellet gun target shooting, there is a lot to do.

And, as the games room is filled with Foosball, ping pong, and a pool table, you may not see your kids at all. You can also hike through the rugged shrublands, lunch at the on-site restaurant and delightful bistro – where the lovely bartender Shakes is adept at cocktail making – or drink coffee at the on-site Bootleggers, which is close to the hotel pool, available to glampers. In the evenings, there are stargazing chats, a boma for chill-out time and outdoor cinema, weather permitting.





What makes AfriCamps at Karoo 1 the ultimate family destination is that it's completely dog friendly. The whole family truly means everyone – no more sad eyes in the rearview mirror as you drive away from home.

Dining or self-catering – you have options, and AfriCamps is also very well known for its breakfast and braai baskets. We tried both. Think wors, steak and kebabs, green salad, potato salad, and the most unbelievable rosemary-toasted ciabatta, and even marshmallows for dessert. Breakfast is equally scrumptious, with choices of eggs, sausage and bacon, yoghurt, homemade granola and honey, as well as freshly baked breads and preserves.

The tents

You can't stay at AfriCamps without admiring the tents. Would you call them

tents? Seriously comfortable living quarters, two bedrooms, each with extra-length, queen-size bed and one single bunk bed in the second room plus a proper bathroom with a rain shower. There is even an air conditioner, a fireplace and electric blankets.

The kitchen is fully equipped for 5 people, and we happily munched at the kitchen table while playing Scrabble every evening. And when it rains, it's

glorious; we zipped up the canvas sides and cosily listened to the Karoo downpour.

From the majestic views of the Hex River Pass to the boutique comforts of your tent, AfriCamps at Karoo 1 isn't just a place to sleep – it's a place to reconnect with the wild heart of South Africa, with family, friends and a dassie or two.

www.africamps.com

Explore AfriCamps in your backyard

Northwest: Magaliesberg

Limpopo: Hoedspruit, Magoebaskloof, Waterberg

Mpumalanga: Hazyview

Kwa-Zulu Natal: Midlands, Drakensberg, Hluhluwe, Pongola Game Reserve

Western Cape: Wellington, Stanford, Robertson, Cederberg, Swellendam, Hex Valley, Oudtshoorn, Wilderness, Plett

Eastern Cape: Addo



THE S-TYPE JAGUAR

The Elegant Saloon with an Unexpected Reputation

When people think of classic Jaguars, sleek sports cars like the legendary E-type often come to mind. Yet one of Jaguar's most fascinating models was not a sports car at all, but a four-door saloon better known as the Jaguar S-type.

Produced during the 1960s, the S-type combined traditional British luxury with impressive performance and engineering. It was comfortable, spacious and refined, making it an ideal family car. But the model would also develop an unexpected reputation: it became known as one of the most famous "getaway cars" of its era.

Today, the S-type remains an interesting chapter in Jaguar's history, a car admired for its engineering, practicality and distinctive place in British motoring culture.

The Origins of the S-Type

The Jaguar S-type was introduced in 1963 by Jaguar Cars as an evolution of the earlier Mk2 saloon. At the time, Jaguar was producing some of the most

desirable luxury cars in Britain, combining elegant styling with strong performance.

While the S-type shared much of its DNA with the earlier Mk2, it introduced several significant improvements. The most notable addition was the independent rear suspension, a technology previously developed for the famous Jaguar E-type. This greatly improved ride comfort and handling, making the S-type smoother and more refined than many competing saloons of the era. Production ran from 1963 to 1968, during which time around 25,000 cars were built. The model would eventually be replaced by the larger and more modern 420 saloon.

A True British Saloon

The S-type represented the classic idea of a British luxury saloon.

Inside, drivers were greeted by polished wooden dashboards, leather seats and traditional Smiths gauges. The driving position was upright and commanding, while the spacious interior made it well-suited to families or those on long journeys.

Externally, the car retained Jaguar's elegant styling language of the time with rounded lines, a distinctive grille and flowing curves that balanced sportiness with sophistication. Despite its luxury credentials, the S-type was also a capable performer and a valued daily driver. Its powerful straight six engines and solid engineering made it both fast and reliable.

The S-type and Its "Getaway Car" Reputation

One of the more unusual aspects of the Jaguar S-type's story is its connection with crime during the 1960s. At the time, the car became something of a favourite among criminals in Britain. Several factors contributed to this unexpected reputation.

Firstly, the S-type was fast for a four-door saloon. Its powerful six-cylinder engines allowed it to keep pace with and often outrun many police vehicles of the era. Secondly, the car was known for its strength and reliability. Jaguars of this period were robust machines capable of handling long distances and high speeds without complaint.

Another factor was accessibility. Jaguar saloons were relatively common in Britain during the 1960s, making them easy to obtain or steal. In some cases, criminals were able to use vehicles with minimal modifications, allowing them to serve as ready-made getaway cars.

Finally, the S-type's large cabin and spacious interior meant it could comfortably carry several passengers. While this was ideal for families and everyday use, it also made the car practical for larger groups during criminal activities. This reputation even found its way into popular culture, where Jaguar saloons frequently appeared in British crime films and television dramas of the era.

Performance and Specifications

Under the bonnet, the S-type offered impressive performance for a luxury saloon.

The S-type at a Glance:

Manufacturer: Jaguar Cars

Production years: 1963 – 1968

Total produced: Approximately 25,000

Body style: Four-door luxury saloon

Engine options: 3.4-litre inline-six, 3.8-litre inline-six

Top speed: Around 120 mph (approximately 193 km/h)

Key engineering features include Independent rear suspension, disc brakes, and a luxury interior with wood and leather finishes.

These features made the S-type both

refined and capable, a combination that helped define Jaguar's reputation during the 1960s.

What Is It Like to Drive?

Driving a classic S-type today offers a glimpse into the golden age of British motoring. The car feels substantial and composed on the road. The straight six engine delivers smooth power, while the independent rear suspension provides a surprisingly comfortable ride for a vehicle designed more than half a century ago. Owners often remark on the relaxed nature of the driving experience. Rather than aggressive performance, the S-type excels at smooth, confident cruising, exactly what one would expect from a traditional Jaguar saloon.

The S-Type Today

While the E-type often attracts the most attention among collectors, the S-type has developed a loyal following among enthusiasts who appreciate classic British saloons. Many surviving examples have been carefully restored, and the model regularly appears at classic car gatherings and Jaguar club events around the world.

In South Africa, classic Jaguars are supported by enthusiast communities such as the Jaguar Club Northern Regions*, where owners share restoration knowledge, organise drives and celebrate the heritage of the marque. Events and gatherings occasionally bring together

a variety of classic Jaguars, including elegant saloons like the S-type.

Jaguar Club: Northern Regions – Making Jaguar Ownership an Awesome Experience - *Website for the community

Did You Know?

It shared engineering with the E-type

The S-type used a rear suspension design similar to that of the famous Jaguar E-type, giving it excellent ride quality for a saloon car.

It evolved from the famous Jaguar Mk2.

The S-type was essentially a refined and updated version of the earlier Mk2, another Jaguar model with a strong reputation for performance.

It helped define Jaguar's luxury identity.

Cars like the S-type played an important role in shaping Jaguar's image as a manufacturer that could combine luxury, performance and style in a single vehicle.

A Unique Place in Jaguar History

The Jaguar S-type may not always receive the same attention as its sports car siblings, but it remains an important part of Jaguar's heritage.

Elegant yet powerful, practical yet stylish, the S-type embodied the spirit of 1960s British motoring. Its unexpected reputation as a favourite getaway car only adds to its intriguing story. Today, the car stands as a reminder that even luxury saloons can develop legends of their own.



A BOWL OF WINTER COMFORT

Winter is soup season in Johannesburg. As the temperatures drop and the evenings draw in, there's nothing more comforting than a steaming bowl enjoyed around the kitchen table. The best winter soups don't need to be complicated – they simply fill the kitchen with inviting aromas, take the chill off a Highveld evening, and make everyone eager for a second helping.

Try this creamy soup for the ultimate comfort food on a cosy winter night.

CREAMY ROASTED TOMATO SOUP WITH TOASTED CHEESE SOURDOUGH

Roasting the tomatoes first gives this soup a deeper flavour that tastes far more complicated than it really is.

Prep time: 15 minutes

Cook time: 45 minutes

Serves: 4 – 6

INGREDIENTS

- 1.5kg ripe tomatoes, halved
- 1 onion, chopped
- 4 garlic cloves
- Olive oil
- Salt and black pepper
- 3 cups vegetable stock
- ½ cup cream
- Fresh basil



METHOD

1. Preheat the oven to 200°C.
2. Place tomatoes, onion and garlic on a baking tray.
3. Drizzle generously with olive oil and season well.
4. Roast for 35 – 40 minutes until soft and slightly caramelised.
5. Transfer everything to a pot and add the vegetable stock. Blend until smooth using a stick blender.
6. Stir in the cream and a handful of basil leaves and simmer gently for another 5 minutes.
7. Serve hot with toasted cheese sourdough sandwiches.

Serving idea: A drizzle of basil pesto on top works beautifully.



This is not retirement.
***This is coastal living,
reimagined.***

A first-of-its-kind senior living community on the KZN North Coast, Coral Cove combines contemporary homes, exceptional hospitality, wellness amenities and a full continuum of care within the beautiful Zululami Coastal Estate.

Residents enjoy an active, connected coastal lifestyle with the reassurance that support is available should their needs change.



CORAL COVE
BY AURIA SENIOR LIVING



Assisted Living
from R1.95m

Maisonettes
from R3.7m

2 Bedroom Garden Villas
from R5m

3 Bedroom Garden Villas
from R5.5m

Contact us for a
tour of Coral Cove
**087 537 0539 or
coralcove@auria.co.za**

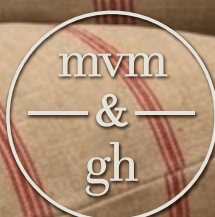
Auria Senior Living has been internationally awarded



JOHANNESBURG ONLY

Annual JULY SALE

23 JULY 2026 - 25 JULY 2026



12D Kramer Road, Kramerville

Fabrics, scatter cushions, sofas, chairs tables, mirrors, lighting, accessories & more.

mavromacandthegatehouse.co.za